



# STEMCELLARTS

The Art & Science of Regenerative Medicine

AN AFFILIATE OF NATIONAL SPINE AND PAIN CENTERS®

## Patient Education Seminar

# ALTERNATIVES TO SURGERY: USING YOUR OWN STEM CELLS TO HEAL YOUR BODY

**WHEN: TUESDAY, JUNE 10, 2014**

**TIME: 6:00PM TO 8:00PM**

LIGHT REFRESHMENTS

**WHERE: 5550 FRIENDSHIP BLVD., SUITE 100  
CHEVY CHASE, MD 20815**

Please join us for a fun and informative seminar discussing the unique stem cell and blood platelet procedures that StemCell ARTS has to offer.

StemCell ARTS, an affiliate of National Spine and Pain Centers, provides a family of non-surgical, adult stem cell and blood platelet treatments for common injuries and joint conditions. Our procedures increase function, decrease pain and offer the patient viable alternatives to invasive surgery typically followed by lengthy periods of downtime and painful rehabilitation.

Here's the opportunity to get your questions answered by the area's leading regenerative medicine expert and WASHINGTONIAN Magazine's rated Top Doctor. Bring a spouse, other loved one or a friend/colleague. Space is limited.

### Conditions that may respond well to minimally-invasive stem cell and blood platelet procedures:

- Knee Pain, Osteoarthritis, Meniscal Tears
- Hip Arthritis, Pain & Labral Tears
- Shoulder Pain & Rotator Cuff Tendinitis
- Chronic Back & Neck Pain
- Tennis/Golfer's Elbow
- Achilles Tendinitis
- Foot & Ankle Pain, Plantar Fasciitis
- Sacroiliac Joint Instability



Mayo F. Friedlis, MD

Dr. Friedlis is a nationally recognized expert in pain management and one of the first doctors in the Washington, DC area to use Stem Cell Therapy. Dr. Friedlis was voted among WASHINGTONIAN's Top Doctors in Rehabilitation. He is passionate about helping people in pain, whether their problem is simple or complex. Dr. Friedlis is Board Certified in Physical Medicine and Rehabilitation and is a Diplomate of the American Academy of Pain Management and the National Board of Medical Examiners.

# RSVP

Call **703.738.4381**  
RSVP@StemCellARTS.com



StemCell ARTS  
5550 Friendship Blvd., Suite 100  
Chevy Chase, MD 20815  
www.StemCellARTS.com

Call for an Appointment  
**703.738.4381**

### The StemCell ARTS Difference

At StemCell ARTS, an affiliate of National Spine and Pain Centers, our medical team is committed to advancing the science and the “art” of using a patient’s own blood platelets and stem cells to help harness the body’s natural healing abilities. Our regenerative treatments offer safe, non-surgical, viable alternatives to steroid injections or surgery. We treat sports injuries such as rotator cuff tears, ACL injuries, tendinitis, arthritis of all joints, as well as pain from disc injuries and pinched nerves.

### How Stem Cell and Blood Platelet Procedures Work

StemCell ARTS offers excellent solutions to patients seeking long-term relief from acute or chronic pain and degenerative conditions. When we get injured, or as we age, we often don’t heal as fast or as effectively on our own, in order to return to full function. Stem cell and platelet therapies “supercharge” the healing process, restoring strength and mobility. Stem cell therapy begins with the drawing of a bone marrow sample from the hip area. The marrow contains mesenchymal stem cells (MSC) which are responsible for healing damaged tissues. After preparation in our in-house laboratory, a proprietary formula containing the patient’s own stem cells and platelets is re-injected directly into the damaged area of the joint, ligament, cartilage or tendon, using advanced imaging guidance. This ensures that the cells are delivered to the exact location of need. Best of all, the procedures can be performed in our office, on an out-patient basis, in just an hour or two with little to no recovery period.

### Why Choose StemCell ARTS?

Our medical leaders at National Spine and Pain Centers have established StemCell ARTS, a program that offers the most cutting-edge regenerative therapies in the Mid-Atlantic region. At StemCell ARTS, we not only have a team of WASHINGTONIAN and Northern Virginia Magazine’s Top Doctors to treat you, we offer the latest in advanced biologic solutions such as Stem Cell Therapy, Platelet Rich Plasma (PRP), Prolotherapy, and Platelet Lysate procedures. We utilize the most advanced protocols developed by Regenexx™, the national leader in these techniques. Regenexx is considered the most advanced method of processing blood platelets and stem cells and this assures optimal therapeutic benefits. In fact, the Regenexx protocols that StemCell ARTS utilizes have the highest number of patients treated and the only outcome data available, in the country, on these procedures.

**Call for an appointment today to see if you are a candidate for any one of our regenerative procedures!**

For more information, including recent research, please visit [www.StemCellARTS.com](http://www.StemCellARTS.com) or call 703.738.4381.

Watch the video as seen on



### Patient Testimonial:

*“I went to the doctor where I lived at the time. He said I have arthritis! I said, ‘What do you mean I have arthritis? I’m too young to have arthritis!’ I could bend my knees, but there was really no definition. You couldn’t really see the definition of my knee cap. I would say I could really feel a difference within two days after that series of injections. Two days! And then the next week I saw some definition in my knee. I thought ‘I could see my knee cap, oh my gosh!’ So, I said I’m doing the left one.” - C.P.*

